



Photo: Ukrainian Red Cross Society

# Ukraine Humanitarian Crisis Appeal

2-YEAR UPDATE



**Dear supporter,**

In my most recent visit to Ukraine, I met with our Red Cross Red Crescent partners. The Director General of the Ukrainian Red Cross Society, Maksym Dotsenko, told me that most of the people in Ukraine are personally affected by the conflict. His words were heartbreaking to hear firsthand, yet they put the breadth and depth of the country's suffering into perspective.

The escalation of the armed conflict between Russia and Ukraine has inflicted an unimaginable toll on millions of people in Ukraine in the last two years. Whether they are displaced or still in their home, many people have suffered life-threatening events, witnessed violence, grieved the loss of relatives and friends, and become separated from loved ones. They've lost their livelihoods and life as they knew it.

Much of the country's infrastructure, systems, and services have been destroyed or massively disrupted. Many people are living in damaged buildings that offer little protection from the bitter cold of winter. Numerous communities are without power, running water, reliable heating, and internet connectivity. With so many facilities impacted, the healthcare system has reduced capacity to provide essential health care. Every day, people affected by the conflict awaken to enormous challenges and uncertainty, which has driven a significant increase in mental health and psychosocial needs across Ukraine.

As Ukraine grapples with its persistent challenges, the Canadian Red Cross works closely with Red Cross Red Crescent Movement partners, including the Ukrainian Red Cross Society, to respond to the needs of the people and communities affected. Thanks to your support, millions of people have been provided with relief items, healthcare, safe shelter, financial assistance and more. The Canadian Red Cross remains committed to providing ongoing humanitarian assistance to those affected by the crisis in Ukraine.

This report offers you insights into the help you made possible. On behalf of the Canadian Red Cross, I thank you and all the individuals and businesses who donated to the Ukraine Humanitarian Crisis Appeal. I extend my thanks to the Government of Canada for its support as well.

Thank you for your generosity and compassion. Together, we are making a life-changing difference.

Sincerely,



Conrad Sauvé  
President and CEO  
Canadian Red Cross

**THE HUMANITARIAN SITUATION**



**6.3M+ people** displaced from Ukraine recorded across Europe.



**3.7M+ people** remain displaced within Ukraine.



**14.6M+ people** in Ukraine need humanitarian assistance.



**3,000+ education facilities** damaged or destroyed.



**1,200+ health facilities** damaged.



February 24, 2022-December 31, 2023

## YOUR IMPACT IN UKRAINE AND SURROUNDING COUNTRIES:



The direct impact of the Canadian Red Cross: **\$179M CAD** contributed or committed from the Ukraine Humanitarian Crisis Appeal.



**422,000+** emergency relief items sent from Canada, such as blankets and kitchen sets, were distributed in Ukraine and surrounding countries, thanks to donations and support from the Government of Canada.



**58** Canadian Red Cross humanitarian experts have been deployed to Ukraine and surrounding countries.



**38,000+** primary healthcare consultations provided through nine Mobile Health Units in Ukraine's Cherkasy and Poltava Oblasts.



**1,900+** people helped by 15 psychotherapists funded at the Lviv Clinical Hospital in Ukraine, supporting mental health needs through more than **9,900** therapy sessions.

## THE IMPACT OF THE RED CROSS RED CRESCENT MOVEMENT WITH SUPPORT FROM THE CANADIAN RED CROSS:



**740,000+** people across Ukraine benefited from improved living conditions through assistance to centres or host families.



**15.2M+** people across Ukraine benefited from improved access to water. **1.6M+** people benefited from improved access to adequate heating across Ukraine.



**693,000+** people gained access to improved or rehabilitated medical services.



**1.1M+** people in Ukraine received mental health and psychosocial support.



**397,000+** people in Ukraine were assisted with transportation or voluntary evacuation.



**397** health facilities were supported with medical equipment, medications, and tools.



**\$474M CAD** in cash assistance was distributed to people in Ukraine and surrounding countries in support of their basic needs, shelter, and health.



**130,000+** Red Cross volunteers and **60** Red Cross National Societies from around the world are actively responding in Ukraine and surrounding countries.



**2.2M** people across the region have received shelter assistance through housing rehabilitation or in temporary accommodation.



**8,400+** families have received information on the whereabouts of their loved ones.

# Helping people across Ukraine and those forced to flee

Here are some of the places your support is reaching those in need.

## VINNYTSIA OBLAST

The Canadian Red Cross is **supporting the refurbishment of three collective centres** to temporarily accommodate people who are internally displaced.

Photo: Anette Selmer-Andresen, IFRC

## LVIV

The Canadian Red Cross **continues to fund the salaries of 15 psychotherapists** to provide therapy sessions at the Lviv Clinical Hospital of Emergency and Intensive Care.

Photo: Ukrainian Red Cross Society

## CHERKASY AND POLTAVA OBLASTS

**Nine Mobile Health Units are travelling to remote areas** of these regions to provide medical services to people requiring care. In addition, **22** collective centres have been refurbished and **13** have undergone rehabilitation to improve the living conditions of people who are internally displaced.

Photo: Adam Tadros, Canadian Red Cross





“...we are emphasizing to the people fleeing Ukraine and those affected inside Ukraine, that indeed they are worthy of happiness and peace of mind, through provision of psychological first aid and basic coping skills.”

**BASILIO MUIRURI**, ACTING PROJECT COORDINATOR OF HEALTH AND CARE AT THE INTERNATIONAL FEDERATION OF RED CROSS AND RED CRESCENT SOCIETIES IN EUROPE.

Photo: Anette Selmer-Andresen, IFRC

---

# Psychosocial Support



Photo: Catherine Sharshunova, Belarus Red Cross

**The ongoing conflict in Ukraine has taken its toll in the form of traumatic experiences and serious physical injuries that leave people in need of psychosocial support and therapy.**

As of December 31, 2023, the team of psychotherapists at the Lviv Clinical Hospital of Emergency and Intensive Care has provided more than **9,900** therapy sessions to more than **1,900** individuals, thanks to support from the Canadian Red Cross. New patients arrive each week on medical evacuation trains. Many have come from communities in the east where hostilities continue to have devastating impacts on civilians. Many patients are dealing with post-traumatic stress disorder. For some people, this manifests as depression and anxiety while others have flashbacks and nightmares. Some have a stretch of good days and then a stretch of tough ones.

The integration of mental health into a regular hospital setting is the first of its kind in Ukraine.

---

**“At the beginning of the war, we had very little knowledge of what combat trauma and psychological trauma as a result of war looks like,”**

---

says Dr. Oleh Berezyuk, one of the psychotherapists funded by the Canadian Red Cross. Now, his team is improving the wellbeing of patients who have experienced traumatic events. As well, **47** people have benefited from psychological sessions for domestic and sexual abuse. The hospital-based team also operates an outpatient treatment clinic.

# Winterization



Photo: Ukrainian Red Cross Society

**Many humanitarian needs are worsened by winter in Ukraine.** This is especially true for those displaced and those living in areas where armed conflict is active. This winter, millions of people are displaced within Ukraine. Many have found refuge with host families, while others are hosted in collective centres, where ongoing retrofitting and renovations supported by the Canadian Red Cross is improving living conditions.

In Cherkasy Oblast, for example, the Canadian Red Cross supported winterization efforts that included providing heating boilers and washing machines to **26** furnished family rooms in a college dormitory.

These rooms accommodate families displaced by hostilities in Luhansk and Donetsk.

The Canadian Red Cross also supported the purchase of winter blankets, linens, towels and pillows for people who were displaced and are housed in collective centres in Cherkasy. We have also provided generators, fuel, stoves, winter clothing and footwear, as well as support for minor repairs and utility costs for emergency shelters.

**This support helps people displaced by the conflict stay warm in cold weather.**

---

# Mobile Health Units bring healthcare to remote villages



Photo: Adam Tadros, Canadian Red Cross

The small village of Stetsivka in the oblast of Cherkasy is home to about **1,000** people, most of them older adults, but also **200** small children. The residents, including people who are displaced who have taken refuge here, live more than **80** kilometres from the district's capital. The relative isolation makes it challenging to access medical care. That's why the Stetsviska Mobile Health Unit, supported by the Canadian Red Cross, is one of six in the region that makes all the difference. In collaboration with the Ukrainian Red Cross Society, the unit brings in general practitioners and various specialists, all of whom are Ukrainian, to assess patients, dispense free medication, treat minor injuries and ailments, and arrange referrals for further care. It's not unusual for older patients to be diagnosed with heart ailments, chest infections

or pneumonia, then receive much-needed care. "When a crew comes, everyone is very happy," says Dr. Olga Chepurna. "We are very, very grateful."

In remote Monastyrishchensky, local physician Dr. Ridvan'ska Lyudmila Petrivna says those in need of medical care include long-time residents and more than **2,000** people who are internally displaced. "This project with the Red Cross is so urgently needed now," she said.

The Canadian Red Cross has provided funding for more than **38,000** primary healthcare consultations through nine Mobile Health Units during **more than 2,200** community visits in the Cherkasy and Poltava Oblasts, Ukraine.

## PROVIDING CARE TO SUPPORT PEOPLE IN THEIR HOMES

In partnership with the Ukrainian Red Cross Society, the Canadian Red Cross is also supporting people who need home-based care. This includes help with personal hygiene, cooking, cleaning, support with medication, and changing dressings. As of December 2023, the Canadian Red Cross has helped to recruit **72** social helpers who have been providing home-based care to **772** older adults and people with chronic illnesses and disabilities in **82** locations in Cherkasy and Poltava Oblasts.





“Here it’s nice and quiet and we’re fine. When the bus passes, the children ask, ‘Isn’t that an airplane?’ I say, ‘No, it’s a bus.’ They’re fine here.”

**ALA, WHO WITH HER HUSBAND LEONID FLED FROM DONETSK WITH THEIR YOUNG GRANDCHILDREN SOFIA AND BOHDAN AND ARE STAYING AT A SHELTER IN GUSAKOVE**

Photo: Adam Tadros, Canadian Red Cross

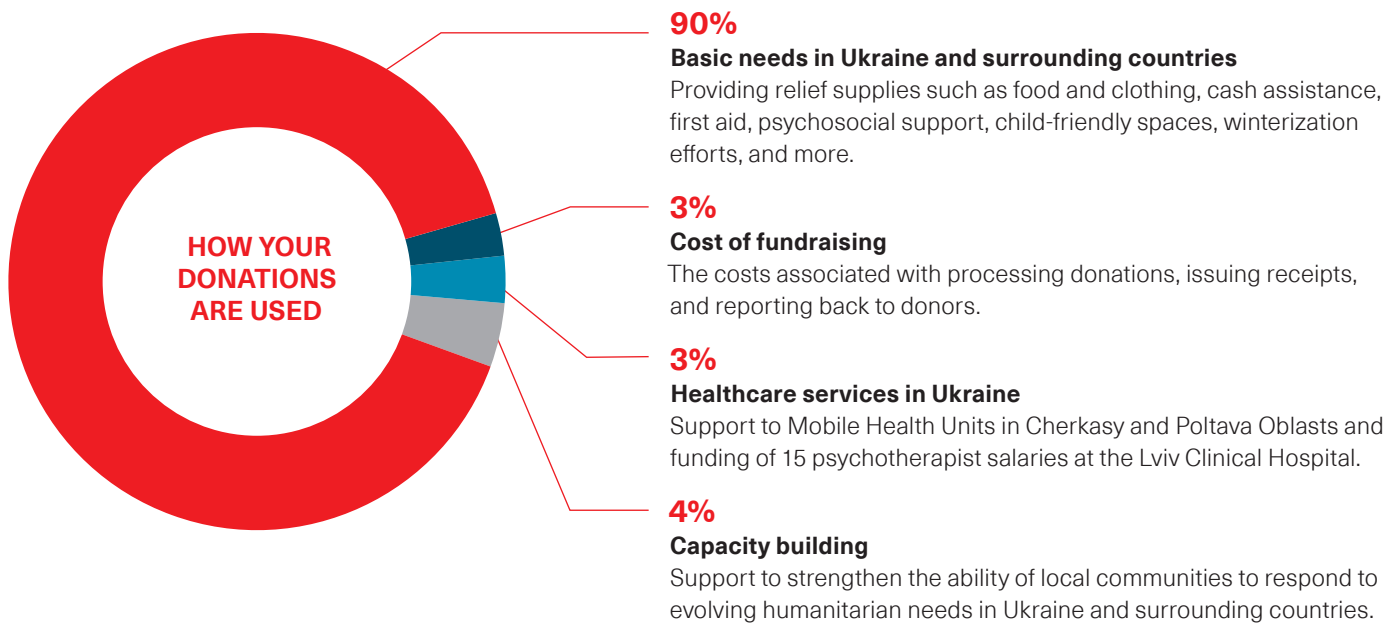
---

# Thank you for your compassion

Thanks to our generous donors, community organizations, businesses, and government partners, as of December 31, 2023, the Ukraine Humanitarian Crisis Appeal has raised more than \$215 million, including \$30 million in matching funds from the Government of Canada.

**Of this, more than \$179 million (83% of the total funds) has already been contributed to the International Red Cross response. A more detailed breakdown of funds is available at [redcross.ca/Ukraine](https://redcross.ca/Ukraine).**

Funds raised support Red Cross Red Crescent humanitarian efforts in Ukraine and neighbouring countries such as Poland, Romania, Hungary, Slovakia and Moldova. The cost of fundraising—such as processing donations, issuing receipts, or reporting back to donors—will not exceed five per cent.



Even if the conflict was to end tomorrow, rebuilding and recovery will take years. The Canadian Red Cross and our International Red Cross and Red Crescent Movement partners, including the Ukrainian Red Cross, will work together to bring vital humanitarian assistance to those impacted by the international armed conflict between Russia and Ukraine—now and well into the future.

**Through your compassion and generosity, you are making  
a lifesaving difference. Thank you.**



# Thank you

---

Thank you for acting on your compassion  
and helping people impacted by the  
international armed conflict in Ukraine.

**Your support has enabled the  
International Red Cross Red Crescent  
to reach millions of people in need.**