



## HELP Locations – Kootenays

These volunteer-operated sites are normally open at the posted hours except on statutory holidays and long weekends.

Location	Contact	Hours of Operation
<b>Castlegar</b> Canadian Red Cross 1250A 26 <sup>th</sup> Street Castlegar, BC V1N 4C9 <a href="#">Map &amp; driving directions</a>	T: 250-365-3911 F: 250-365-6242	Mon-Thurs 11:00 am – 2:00 pm
<b>Cranbrook</b> Canadian Red Cross Baker Street Mall #340-1311 2nd Street North Cranbrook, BC V1C 3L1 <a href="#">Map &amp; driving directions</a>	T: 250-426-5105 F: 250-426-5116	Please call Depot for Hours
<b>Creston</b> Canadian Red Cross 312-15th Ave. N. Creston, BC V0B 1G0 <a href="#">Map &amp; driving directions</a>	T: 250-428-9619 F: 250-428-3601	Mon, Wed, Fri 2:00 pm – 4:00 pm

<p><b>Elkford</b>  Elkford Health Centre  212 Alpine Ave.  Elkford, BC V0B 1H0  <a href="#">Map &amp; driving directions</a></p>	<p>T: 250-865-2247  F: 250-865-2797</p>	<p>Mon – Fri:  9:00 am - 4:00 pm</p>
<p><b>Fernie</b>  Elk Valley Hospital  1501 5<sup>th</sup> Ave.  Fernie, BC V0B 1M0  <a href="#">Map &amp; driving directions</a></p>	<p>T: 250.423.4453 ext 324  F: 250.423.3732</p>	<p>Mon, Wed, Fri  10:00 am – 12:00 pm</p>
<p><b>Grand Forks</b>  Boundary Hospital  7642 - 22nd Street  Grand Forks, BC V0H 1H0  <a href="#">Map &amp; driving directions</a></p>	<p>T: 250-442-2608  F: 250-442-6207</p>	<p>Mon, Wed  11:00 am – 1:00 pm</p>
<p><b>Invermere/Windermere District</b>  Invermere Hospital  1030 10<sup>th</sup> St.  Invermere, BC V0A 1K0  <a href="#">Map &amp; driving directions</a></p>	<p>T: 250-608-0742  F: 250-342-6303</p>	<p>ON CALL</p>
<p><b>Kaslo</b>  409 Cross St.  Kaslo, BC V0G 1M0  <a href="#">Map &amp; driving directions</a></p>	<p>T: 250-353-2844</p>	<p>ON CALL</p>
<p><b>Nelson</b>  West Arm Plaza  614 Front Street  Nelson, BC V1L 4B7</p>	<p>T: 250-354-4456  F: 250-354-3152</p>	<p>Mon, Tues, Thurs, Fri  10:00 am – 1:00 pm</p>

<p><a href="#">Map &amp; driving directions</a></p> <p><b>Revelstoke</b> #20-1123 2<sup>nd</sup> Street West Revelstoke, BC V0E 2S0 <a href="#">Map &amp; driving directions</a></p> <p><b>Trail</b> Canadian Red Cross #104 – 1199 Bay Ave. Trail, BC V1R 4N7 <a href="#">Map &amp; driving directions</a></p>	<p>T: 250-814-0200 F: 250-814-0201</p> <p>T: 250-368-9129 F: 250-368-9122</p>	<p>Wed, Fri 10:00 am – 2:00 pm</p> <p>Mon, Tues, Wed 10:30 am – 3:00 pm</p>
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