



HELP Locations – Kootenays

These volunteer-operated sites are normally open at the posted hours except on statutory holidays and long weekends.

Location	Contact	Hours of Operation
<p>Castlegar Canadian Red Cross 1250A 26th Street Castlegar, BC V1N 4C9 Map & driving directions</p>	<p>T: 250-365-3911 F: 250-365-6242</p>	<p>Mon-Thurs 11:00 am – 2:00 pm</p>
<p>Cranbrook Canadian Red Cross Baker Street Mall #340-1311 2nd Street North Cranbrook, BC V1C 3L1 Map & driving directions</p>	<p>T: 250-426-5105 F: 250-426-5116</p>	<p>Please call Depot for Hours</p>
<p>Creston Canadian Red Cross 312-15th Ave. N. Creston, BC V0B 1G0 Map & driving directions</p>	<p>T: 250-428-9619 F: 236-532-2119</p>	<p>Mon, Wed, Fri 2:00 pm – 4:00 pm</p>

<p>Elkford Elkford Health Centre 212 Alpine Ave. Elkford, BC V0B 1H0 Map & driving directions</p>	<p>T: 250-865-2247 F: 250-865-2797</p>	<p>Mon – Fri: 9:00 am - 4:00 pm</p>
<p>Fernie Elk Valley Hospital 1501 5th Ave. Fernie, BC V0B 1M0 Map & driving directions</p>	<p>T: 250.423.4453 ext 324 F: 250.423.3732</p>	<p>Mon, Wed, Fri 10:00 am – 12:00 pm</p>
<p>Grand Forks Boundary Hospital 7642 - 22nd Street Grand Forks, BC V0H 1H0 Map & driving directions</p>	<p>T: 250-442-2608 F: 250-442-6207</p>	<p>Mon, Wed 11:00 am – 1:00 pm</p>
<p>Invermere/Windermere District Invermere Hospital 1030 10th St. Invermere, BC V0A 1K0 Map & driving directions</p>	<p>T: 250-608-0742 F: 250-342-6303</p>	<p>ON CALL</p>
<p>Kaslo 409 Cross St. Kaslo, BC V0G 1M0 Map & driving directions</p>	<p>T: 250-353-2844</p>	<p>ON CALL</p>
<p>Nelson West Arm Plaza 614 Front Street Nelson, BC V1L 4B7</p>	<p>T: 250-354-4456 F: 250-354-3152</p>	<p>Mon, Tues, Thurs, Fri 10:00 am – 1:00 pm</p>

<p>Map & driving directions</p> <p>Revelstoke #20-1123 2nd Street West Revelstoke, BC V0E 2S0 Map & driving directions</p> <p>Trail Canadian Red Cross #104 – 1199 Bay Ave. Trail, BC V1R 4N7 Map & driving directions</p>	<p>T: 250-814-0200 F: 250-814-0201</p> <p>T: 250-368-9129 F: 250-368-9122</p>	<p>Wed, Fri 10:00 am – 2:00 pm</p> <p>Mon, Tues, Wed 10:30 am – 3:00 pm</p>
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