

# Babysitting



Offers basic first aid and caregiving skills for youth 11-15 years old. Participants learn how to provide care to children in a variety of age groups, and how to prevent and respond to emergencies. The course also offers youth the skills to promote themselves as babysitters to prospective families.

## DURATION

7-8 hours

## INSTRUCTOR

Red Cross Youth Leader

## PREREQUISITE

Minimum 11 years of age\* (or completion of Grade 5)

## COURSE CONTENT

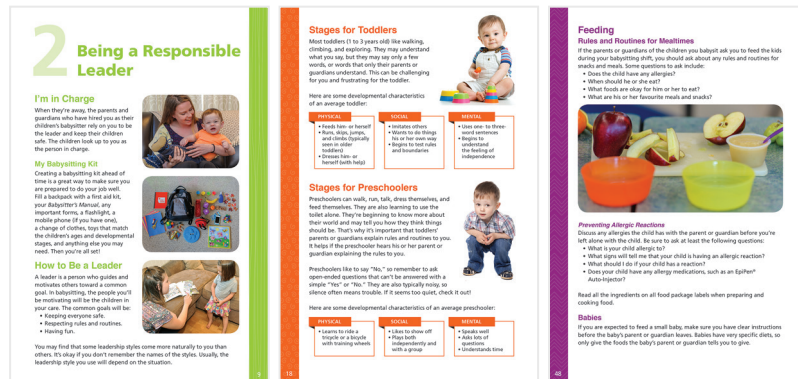
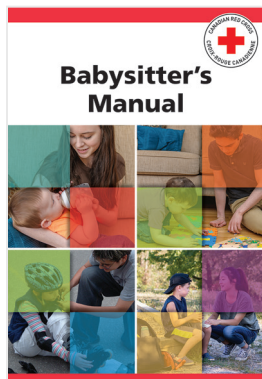
- How to be responsible and demonstrate leadership
- How to make good decisions and manage difficult behaviours
- Information on children's developmental stages, and specific strategies for each stage
- How to feed, diaper, dress, and play with children and babies
- How to recognize and prevent unsafe situations, make safe choices and promote safe behaviours
- First aid skills
- The business of babysitting

## TAKE-HOME MATERIALS

*Babysitter's Manual*

Completion certificate

\* Please check with provincial/territorial regulations.



Sample Pages

