



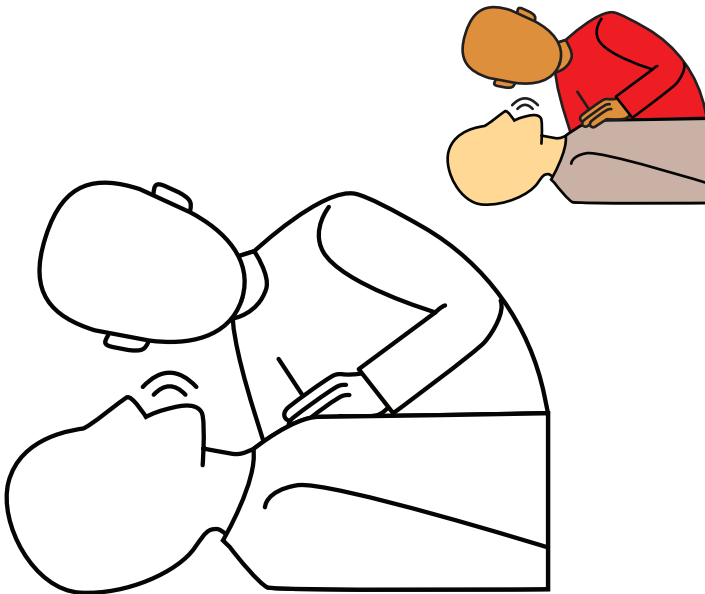
Be a Lifesaving Hero: CPR Colouring Activity Sheets for Kids

This colouring page activity provides an opportunity for kids to visualize and learn about basic CPR techniques through illustrations while developing an early awareness of emergency preparedness.

Cardiopulmonary resuscitation (CPR)

Instruction: Colour the image with the same colours as in the original.

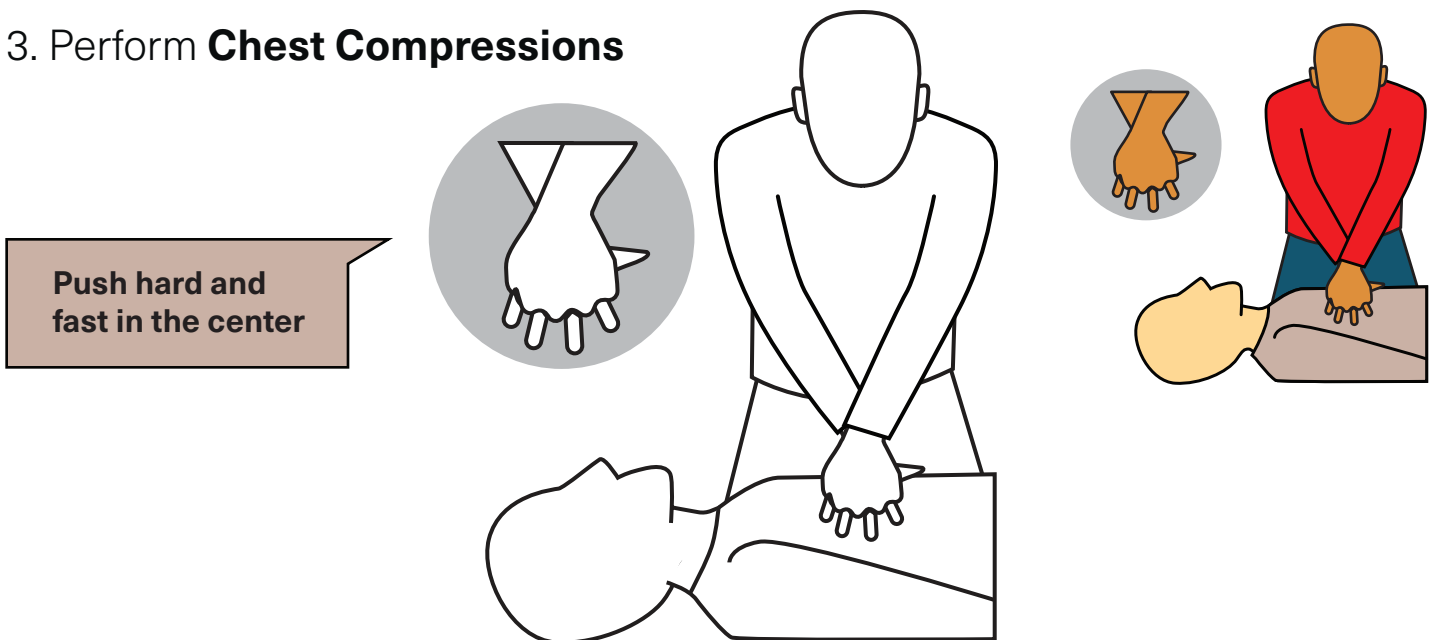
1. Check the Person



2. Call for Help



3. Perform Chest Compressions



Push hard and fast in the center