

# Bed Cradle

*These instructions are guidelines only. Use only as instructed by your healthcare provider.*

## What is a Bed Cradle used for?

A bed cradle is a frame that is installed at the foot of the bed to keep sheets/blankets off legs/feet. This helps with air circulation, sensitive skin and keeping skin dry, especially if the patient is lying in bed for long periods of time.



## How Do I Use a Bed Cradle?

- Slide the base of the bed cradle between the bed base and the mattress in the desired position at the foot end of the bed (no part of the cradle should touch any part of the patient).
- If the bed cradle is adjustable, adjust height as required on both sides and ensure all screws/bolts are tightened. If it is the spring button type, ensure that the buttons are fully popped out of the adjustment holes.
- Place the top covers on the bed, allowing adequate covering for the shoulders. Drag the lower end of the cover over the cradle ensuring the cover is not in contact with affected body part/s.

**⚠ WARNING:** Ensure all screws/ bolts are tight or adjustment buttons are fully popped out before use.

## How Do I Care for the Bed Cradle?

- The Bed Cradle can be cleaned with detergent and water then dried thoroughly. Do not use abrasive powders or scouring pads.
- Do not use solvents, such as acetone, lacquer thinner or turpentine to clean the bed cradle.

*Please ensure that equipment returned to the Red Cross is clean and in good condition.*

