

VIOLENCE AND ABUSE PREVENTION



CANADIAN
RED CROSS

CROIX-ROUGE
CANADIENNE



**HELPING BREAK
THE CYCLE OF
HURT, PROMOTING
HEALTHIER
RELATIONSHIPS,
BUILDING
EDUCATION AND
PARTNERSHIPS
FOR MORE THAN
25 YEARS.**

Red Cross RespectED program teaches kids and adults how healthy relationships look and feel. Learn to recognize the signs of abuse, dating violence and harassment, and how to get help.

Through our award winning programs, youth learn how to create healthy relationships and adults learn how to build safer relationships in their organizations and communities.

RespectED helps our partners teach these programs.

Through our delivery method we are able to bring violence and abuse prevention education to communities, the classroom, the workplace and your desktop.

WHO
WE
HELP

ORGANIZATIONS

10 Steps to Creating Safe Environments: adults learn how to establish safe environments for young people.

CHILDREN AND YOUTH

c.a.r.e. Program: (ages 5–9) learn about abuse prevention through the use of storytelling, puppetry and song.

It's Not Your Fault: (ages 12+) understand why abuse and neglect occurs and how to get help.

Healthy Youth Relationships: (ages 12+) educates youth on healthy relationships, communication, sexual assault, emotional/physical abuse and how to get help.

Beyond the Hurt: (ages 12+) educates youth on prevention, intervention, and the impact of bullying.

ADULTS

Prevention in Motion: develop an increased understanding of abuse prevention, neglect of children and handling disclosures.

Promoting Healthy Youth Relationships: helps adults understand youth relationship dynamics, prevention strategies and how to help.

Beyond the Hurt Adult Workshop: adults learn the affects on youth of bullying and harassment through prevention and intervention.

Walking the Prevention Circle: explores issues relating to abuse, neglect and violence through the history, challenges and potential of Aboriginal Peoples.

ONLINE

Respect in the Workplace: employees learn to stop discrimination, harassment and workplace bullying.

Respect in Schools: adults learn to prevent abuse, bullying and harassment in schools.

Respect in Sports: coaches and parents learn to prevent abuse, bullying and harassment in sport.

HOW
WE
HELP



Stop
the hurt
before it
starts.

WE
CAN
HELP
YOU



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The Canadian Red Cross is a non-profit humanitarian organization dedicated to improving the situation of vulnerable people at home and around the world. In Canada, we provide assistance to millions through our disaster relief, injury prevention and humanitarian programming.



THE CANADIAN RED CROSS IMPROVES THE LIVES OF VULNERABLE PEOPLE BY MOBILIZING THE POWER OF HUMANITY.

Become a Volunteer

Help improve the lives of people in your community. Train to become a Violence and Abuse Prevention volunteer. Work in our office setting or educate in the community. Contact your local Canadian Red Cross for more information at redcross.ca

For information about RespectED, contact us at:
respected.alberta@redcross.ca

GET INVOLVED!

For more info [CLICK HERE](#).

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**Humanity | Impartiality | Neutrality | Independence
Voluntary Service | Unity | Universality**