

## **Anaphylaxis**

### **PRE-HOSPITAL**

**Call details:**

Called to an eight-year-old female with pain in her foot and difficulty breathing.

**Instructions to role-players:**

You are an eight-year-old female who stepped on something sharp while playing in your backyard. You are having difficulty breathing, and your face and arms are itchy. You are scared and don't like it when this happens. This has happened before at school, and your teacher had to help you stick yourself with a needle. You don't like needles.

### **MARINE**

**Call details:**

None

**Instructions to role-players:**

You are a 20-year-old female relaxing on the deck of your fishing boat when you suddenly become short of breath. You begin to have difficulty breathing, and your face and arms are itchy. You are scared and don't like it when this happens. This has happened before, and a nurse had to give you a needle. You don't like needles.

### **WORKPLACE**

**Call details:**

None

**Instructions to role-players:**

You are a five-year-old female on a company-wide family day with your dad and 10-year-old brother. You've just had a picnic and are taking a tour of the quarry when you begin to have difficulty breathing. Your face and arms are itchy. You are scared and don't like it when this happens. This has happened before at home, and your dad had to stick you with a needle. You don't like needles.

Participant(s): \_\_\_\_\_

Time initiated: \_\_\_\_\_

	Findings	Actions	Findings/Actions Successfully Identified/Demonstrated		
			Yes	No	Notes/Supporting Comments
<b>Scene Survey</b>					
Environment	Outside, safe; warm summer day				
Hazards	None				
Mechanism/Chief Complaint	Itchy, SOB				
Number of Patients	1				
Additional Resources	None				
<b>Primary Survey</b>					
Introduction		Apply PPE, introduce self and obtain consent			
Appearance	Pale				
Level of Consciousness	Alert				
Spine	Clear				
Airway	Open, swelling to face	Administer medication using auto-injector			
Breathing/Circulation	Wheezy/rapid	Oxygen via NRB, 10–15 lpm			
Shock					
<b>Rapid Body Survey</b>					
Head-to-Toe Check	Rashes on face, neck, chest, abdomen, legs, and arms Bee stinger in bottom of left foot	Remove stinger			
Intervention	Oxygen Medication administration	NRB, 10–15 lpm Epinephrine			
<b>Transport Decision</b>					
Decision	Load and go				

			Findings/Actions Successfully Identified/Demonstrated		
			Yes	No	Notes/Supporting Comments
Secondary Survey					
<b>Interview</b>					
Chief Complaint	Itchy, SOB, sore foot				
Signs/Symptoms	SOB, rashes				
Allergies	Bee stings				
Medications	Auto-injector				
Past Medical History	None				
Last Meal	1 hour ago				
Events Prior	See scenario				
<b>Vital Signs</b>					
Pulse	140/rapid/ weak	100/regular/ full			
Respirations	28/rapid/ shallow	20/rapid/ deep			
Blood Pressure	70/Palp	100/60			
Pupils	4 mm/equal, round, and reactive to light	4 mm/equal, round, and reactive to light			
Skin	Pale, clammy 15	Pale, warm			
GCS	92%	15			
SPO <sub>2</sub>	N/A	98%			
Blood Glucose		N/A			
<b>Head-to-Toe Check</b>					
Head/Face	Hives				If medication is given prior to the head-to-toe check, marked improvement will be seen in patient's rashes and wheezes
Neck	Hives, no JVD				
Chest	Hives, wheezes, B/L chest expansion				
Abdomen/Pelvis	Rashes to abdomen				
Back	As found				
Upper Extremities	Rashes, MedicAlert®				
Lower Extremities	Rashes, stinger site				
Neurological	As found				
Secondary Transport Decision					
Decision	Load and go				

Time completed: \_\_\_\_\_

Overall comments: \_\_\_\_\_

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Steps shaded in dark grey are critical actions/findings. If a critical action/finding is not successfully demonstrated/identified, the scenario is incomplete. If the scenario is marked incomplete, supporting comments are required.

Complete                       Incomplete

## Fire

### PRE-HOSPITAL

**Call details:**

Called to a house fire where firefighters have brought a 28-year-old male out to the sidewalk.

**Instructions to role-players:**

You are a 28-year-old man whose house is on fire. You were cooking on the stove when the oil in a pot caught fire, causing the kitchen curtains to catch on fire. You attempted to remove the pot from the stove, but it was so hot you dropped it, burning yourself and causing other articles to catch fire.

### MARINE

**Call details:**

Called to the scene of a fire in the galley on board a tanker ship. Early reports say a 28-year-old male has been burned. The on-board fire teams are working on extinguishing the fire. The fire has been contained, and the area is now safe to enter. A fire-team member leads you to the burned male.

**Instructions to role-players:**

You are a 28-year-old man working in the galley. You were cooking on the stove when the oil in a pot caught fire. You attempted to remove the pot from the stove, but it was so hot you dropped it, burning yourself and causing a towel to catch fire.

### WORKPLACE

**Call details:**

Called to the scene of a fire at the oil-field camp where you work. The cook, who is 25 years old, has been burned by hot oil. A fire team is working on extinguishing the fire. The fire has been contained, and the area is now safe to enter.

**Instructions to role-players:**

You are a 25-year-old male cook at an oil-field camp. You were cooking lunch on the stove when the oil in the pot caught fire. You attempted to remove the pot from the stove, but it was so hot you dropped it, burning yourself and causing a towel to catch fire.

Participant(s): \_\_\_\_\_

Time initiated: \_\_\_\_\_

			Findings/Actions Successfully Identified/Demonstrated		
			Yes	No	Notes/Supporting Comments
Findings			Actions		
<b>Scene Survey</b>					
Environment	Safe, evidence of fire (including smoke)				
Hazards	Fire				
Mechanism/Chief Complaint	Burned (see description)				
Number of Patients	1				
Additional Resources	Fire/police				
<b>Primary Survey</b>					
Introduction		Apply PPE, introduce self and obtain consent			
Appearance	Significant burns on hands, severe burns on chest, some smoke inhalation				
Level of Consciousness	Conscious				
Spine	Clear				
Airway	Clear				
Breathing/Circulation	Wheezy/rapid	Oxygen via NRB, 12–15 lpm Administer Ventolin®			
Shock					
<b>Rapid Body Survey</b>					
Head-to-Toe Check	Chest: severe burns Back: stable, no pain Upper extremities: tender; significant burns on hands				
Intervention		Treat burns Monitor			
<b>Transport Decision</b>					
Decision		Transport			

				Findings/Actions Successfully Identified/Demonstrated		
		Findings	Actions	Yes	No	Notes/Supporting Comments
<b>Secondary Survey</b>						
<b>Interview</b>						
Chief Complaint	Burns/difficulty breathing					
Signs/Symptoms	Pain					
Allergies	Penicillin					
Medications	None					
Past Medical History	None					
Last Meal	None					
Events Prior	Preparing meal, dropped hot oil					
<b>Vital Signs</b>						
Pulse	100/rapid/ full	100/rapid/ full				
Respirations	22/rapid/ shallow	22/rapid/ shallow				
Blood Pressure	130/80	130/80				
Pupils	4 mm	4 mm				
Skin						
GCS	15	15				
SPO <sub>2</sub>	98%	98%				
Blood Glucose	N/A	N/A				
<b>Head-to-Toe Check</b>						
Head/Face	Abrasions, smoky		Dress burns			
Neck	Severe burns					
Chest	Wheezing		Administer 2nd dose of Ventolin®			
Abdomen/Pelvis	Abrasions					
Back	N/A					
Upper Extremities	Significant burns on hands					
Lower Extremities	N/A					
Neurological	Alert/oriented					
<b>Secondary Transport Decision</b>						
Decision			Transport			

Time completed: \_\_\_\_\_

Overall comments: \_\_\_\_\_

Steps shaded in dark grey are critical actions/findings. If a critical action/finding is not successfully demonstrated/identified, the scenario is incomplete. If the scenario is marked incomplete, supporting comments are required.

Complete

Incomplete

## Head and/or Spine Injury

### PRE-HOSPITAL

**Call details:**

Called to a single motor vehicle collision involving a motorcycle. You arrive to find a responsive male, whom you estimate to be in his late 20s, lying on the side of the road.

**Instructions to role-players:**

You are a 28-year-old downhill mountain biker out for a recreational ride. You hit a piece of debris and go over your handlebars, hitting your face on the bike as you fall. You are wearing a full face helmet with no visor. You are moaning and are not able to get up off the ground. The blood from your nose and mouth injuries is running into your throat, and you are having trouble breathing.

### MARINE

**Call details:**

Called to a 32-year-old male who slipped on the stairs in the bow of the ship and hit his face against the stair railing. He is responsive but not getting up.

**Instructions to role-players:**

You are a 32-year-old man working as a crew member on board a ship. You are running down a flight of stairs to quickly deliver a message, and you slip and fall. You hit your face against the railing as you fall. You have been loading transport bins so you are wearing a full face helmet without a visor. You are moaning and are not able to get up off the ground. The blood from your nose and mouth injuries is running into your throat, and you are having trouble breathing.

### WORKPLACE

**Call details:**

Called to a 28-year-old surveyor out on a quad (an all-terrain vehicle) who was thrown against the front bar. He is responsive but not getting up.

**Instructions to role-players:**

You are a 28-year-old man surveying on a quad. As you take a sharp turn, you hit a large bump hidden in the dirt road. You are thrown forward and hit your face against the front bar as you fall. You are wearing a full face helmet without a visor. You are moaning and are not able to get up off the ground. The blood from your nose and mouth injuries is running into your throat, and you are having trouble breathing.



Participant(s): \_\_\_\_\_

Time initiated: \_\_\_\_\_

		Findings/Actions Successfully Identified/Demonstrated				
		Findings	Actions	Yes	No	Notes/Supporting Comments
<b>Scene Survey</b>						
Environment	See scenario					
Hazards	None					
Mechanism/Chief Complaint	Fall					
Number of Patients	1					
Additional Resources	None					
<b>Primary Survey</b>						
Introduction		Apply PPE, introduce self and obtain consent				
Appearance	Blood on face					
Level of Consciousness	Verbal					
Spine	Clear	Apply manual stabilization				
Airway	Blood in throat	Clear airway				
Breathing/Circulation	Regular/present	Oxygen via NRB, 12–15 lpm				
Shock						
<b>Rapid Body Survey</b>						
Head-to-Toe Check	Blood from mouth and nose Abrasions to legs, lacerations to arms					
Intervention	Spinal immobilization	Remove helmet Apply cervical collar, place on backboard				
<b>Transport Decision</b>						
Decision	Load and go					

		Findings/Actions Successfully Identified/Demonstrated				
		Findings	Actions	Yes	No	Notes/Supporting Comments
<b>Secondary Survey</b>						
<b>Interview</b>						
Chief Complaint	Pain, unable to get up					
Signs/Symptoms	Blood on face					
Allergies	Peanuts					
Medications	None					
Past Medical History	None					
Last Meal	Breakfast					
Events Prior	See scenario					
<b>Vital Signs</b>						
Pulse	82/regular/ full	82/regular/ full				
Respirations	14/regular/ deep	14/regular/ deep				
Blood Pressure	140/90	140/90				
Pupils	Unequal	Unequal				
Skin	Warm, moist	Warm, moist				
GCS	12	14				
SPO <sub>2</sub>	97%	97%				
Blood Glucose	5.6	5.6				
<b>Head-to-Toe Check</b>						
Head/Face	Blood from nose and mouth	Bandage wounds				
Neck	No JVD					
Chest	As found					
Abdomen/Pelvis	As found					
Back	As found					
Upper Extremities	Lacerations					
Lower Extremities	Abrasions					
Neurological	As found					
<b>Secondary Transport Decision</b>						
Decision	Load and go					

Time completed: \_\_\_\_\_

Overall comments: \_\_\_\_\_

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Complete                       Incomplete

## **Stabbing**

### **PRE-HOSPITAL**

**Call details:**

Called to a local bar for a 22-year-old male who was involved in a fight and now has difficulty breathing.

**Instructions to role-players:**

You are a 22-year-old man who just got into a fight with another person, who has left the scene. You have scratches and small cuts on your face and arms, and you are having difficulty breathing with sharp pain on inhalation.

### **MARINE**

**Call details:**

Called to the deck of a fishing boat where two crew members have been in a fight; one has left the scene, and another, a 22-year-old male, remains at the scene and has cuts and difficulty breathing.

**Instructions to role-players:**

You are a 22-year-old man who got into an argument with another crew member on board a crab fishing vessel. Stress levels are high, and the argument escalated into a fight. The other crew member left the scene. You have scratches and small cuts on your face and arms, and you are having difficulty breathing with sharp pain on inhalation.

### **WORKPLACE**

**Call details:**

Called to the factory floor where a fight broke out between two workers. One has left the scene, and the other, a 25-year-old male, has cuts and is having difficulty breathing.

**Instructions to role-players:**

You are a 25-year-old male working in a factory where chain-link fences are assembled. You got into a disagreement with another worker, who thought you were working too slowly. Things escalated, and it turned into a physical fight. The other worker has left the scene. You have scratches and small cuts on your face and arms, and you are having difficulty breathing with sharp pain on inhalation.

Participant(s): \_\_\_\_\_

Time initiated: \_\_\_\_\_

			Findings/Actions Successfully Identified/Demonstrated		
			Yes	No	Notes/Supporting Comments
<b>Scene Survey</b>					
Environment	See scenario				
Hazards	Location of attacker	Call law enforcement and treat as a crime scene			
Mechanism/Chief Complaint	Assault				
Number of Patients	1				
Additional Resources	Police				
<b>Primary Survey</b>					
Introduction		Apply PPE, introduce self and obtain consent			
Appearance	Pale				
Level of Consciousness	Alert				
Spine	Clear	Examine spine			
Airway	Open/clear				
Breathing/Circulation	Laboured/weak	Oxygen via NRB, 10–15 lpm			
Shock					
<b>Rapid Body Survey</b>					
Head-to-Toe Check	Small cuts to face, sucking wound to right side of chest, breath sounds decreased to right side, small lacerations to arms	Apply occlusive dressing to chest			
Intervention	Oxygen Sucking chest wound	NRB, 10–15 lpm Apply occlusive dressing			
<b>Transport Decision</b>					
Decision	Load and go				

			Findings/Actions Successfully Identified/Demonstrated		
			Yes	No	Notes/Supporting Comments
<b>Secondary Survey</b>					
<b>Interview</b>					
Chief Complaint	Difficulty breathing				
Signs/Symptoms	Cuts, scratches				
Allergies	Erythromycin				
Medications	None				
Past Medical History	None				
Last Meal	Dinner				
Events Prior	Assaulted				
<b>Vital Signs</b>					
Pulse	120/rapid/ weak	120/rapid/ weak			
Respirations	22/rapid/ laboured	22/rapid/ laboured			
Blood Pressure	120/60	120/60			
Pupils	3 mm/equal, round, and reactive to light	3 mm/equal, round, and reactive to light			
Skin	Pale, cool, clammy	Pale, cool, clammy			
GCS	15	15			
SPO <sub>2</sub>	92%	95% (with administra- tion of oxygen)			
Blood Glucose	N/A	N/A			
<b>Head-to-Toe Check</b>					
Head/Face	Small cuts		Bandage		
Neck	No JVD				
Chest	Sucking wound right side, unequal breath sounds		Apply an occlusive bandage		
Abdomen/Pelvis	As found				
Back	As found				
Upper Extremities	Lacerations, minor bleeding				
Lower Extremities	As found				
Neurological	As found				
<b>Secondary Transport Decision</b>					
Decision	Load and go				

Time completed: \_\_\_\_\_

Overall comments: \_\_\_\_\_

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Complete                       Incomplete

## **Asthma**

### **PRE-HOSPITAL**

**Call details:**

Called to a workplace where a 32-year-old female is experiencing shortness of breath.

**Instructions to role-players:**

You are a 32-year-old female with a history of asthma. You are sitting in a chair, leaning forward, and are struggling to breathe even though you have used your inhaler once.

### **MARINE**

**Call details:**

Called to a cabin on board a vessel where a 32-year-old female is experiencing shortness of breath.

**Instructions to role-players:**

You are a 32-year-old female with a history of asthma. You are sitting in a chair, leaning forward, and are struggling to breathe even though you have used your inhaler once.

### **WORKPLACE**

**Call details:**

Called to a workplace where a 32-year-old female is experiencing shortness of breath.

**Instructions to role-players:**

You are a 32-year-old female with a history of asthma. You are sitting in a chair, leaning forward, and are struggling to breathe even though you have used your inhaler once.

Participant(s): \_\_\_\_\_

Time initiated: \_\_\_\_\_

		Findings/Actions Successfully Identified/Demonstrated				
		Findings	Actions	Yes	No	Notes/Supporting Comments
<b>Scene Survey</b>						
Environment	See scenario					
Hazards	None					
Mechanism/Chief Complaint	SOB					
Number of Patients	1					
Additional Resources	None					
<b>Primary Survey</b>						
Introduction		Apply PPE, introduce self and obtain consent				
Appearance	Pale					
Level of Consciousness	Alert					
Spine	Clear					
Airway	Open					
Breathing/Circulation	Wheezing/present	Oxygen via NRB, 12–15 lpm				
Shock						
<b>Rapid Body Survey</b>						
Head-to-Toe Check	Wheezing on exhalation	Auscultation				
Intervention	Oxygen Medications	NRB, 12–15 lpm Ventolin® (as per local protocol)				
<b>Transport Decision</b>						
Decision	Load and go					
<b>Secondary Survey</b>						
<b>Interview</b>						
Chief Complaint	SOB					
Signs/Symptoms	SOB					
Allergies	Pollen, ASA					
Medications	Ventolin®					
Past Medical History	Asthma					
Last Meal	Lunch					
Events Prior	Patient sitting in chair					



				Findings/Actions Successfully Identified/Demonstrated		
		Findings	Actions	Yes	No	Notes/Supporting Comments
<b>Secondary Survey (Continued)</b>						
<b>Vital Signs</b>						
Pulse	110/regular/ full	100/regular/ full				
Respirations	26/rapid/ laboured and shallow	18/regular/ full				
Blood Pressure	156/96	130/84				
Pupils	4 mm/equal, round, and reactive to light	4 mm/equal, round, and reactive to light				
Skin	Pale, moist, warm	Pink, warm, dry				
GCS	15	15				
SPO <sub>2</sub>	93%	98%				
Blood Glucose	N/A	N/A				
<b>Head-to-Toe Check</b>						
Head/Face	As found					
Neck	As found					
Chest	Wheezing upon exhalation					
Abdomen/Pelvis	As found					
Back	As found					
Upper Extremities	As found					
Lower Extremities	As found					
Neurological	As found					
<b>Secondary Transport Decision</b>						
Decision	Load and go					

Time completed: \_\_\_\_\_

Overall comments: \_\_\_\_\_

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Complete                       Incomplete

## Cardiac Arrest

### PRE-HOSPITAL

**Call details:**

Called to a workplace for a 49-year-old unresponsive male who has collapsed.

**Instructions to role-players:**

You are a 49-year-old male who is unresponsive. Your co-worker is performing CPR on you. Your co-worker relays the information that you have heart trouble and are in the process of being scheduled for surgery. Your co-worker notes that you drink and smoke. "I heard him groan and then heard a thump. I ran out of my office to see him lying on the floor. I called for help."

### MARINE

**Call details:**

Called to the bridge for a 49-year-old unresponsive male who has collapsed.

**Instructions to role-players:**

You are a 49-year-old male who is unresponsive. Your co-worker is performing CPR on you. Your co-worker relays the information that you have heart trouble and are waiting for surgery. Your co-worker notes that you drink and smoke. "I heard him groan and then heard a thump. I ran here and found him lying on the ground. I called for help."

### WORKPLACE

**Call details:**

Called to a workplace for a 49-year-old unresponsive male who has collapsed.

**Instructions to role-players:**

You are a 49-year-old male who is unresponsive. Your co-worker is performing CPR on you. Your co-worker relays the information that you have heart trouble and are in the process of being scheduled for surgery. Your co-worker notes that you drink and smoke. "I heard him groan and then heard a thump. I ran out of my office to find him lying on the floor. I called for help."

Participant(s): \_\_\_\_\_

Time initiated: \_\_\_\_\_

		Findings/Actions Successfully Identified/Demonstrated			
	Findings	Actions	Yes	No	Notes/Supporting Comments
<b>Scene Survey</b>					
Environment	Safe, co-workers				
Hazards	None				
Mechanism/Chief Complaint	Unresponsive: cardiac arrest				
Number of Patients	1				
Additional Resources	Co-worker				
<b>Primary Survey</b>					
Introduction					
Appearance	Pale, cool, cyanotic lips/ earlobes				
Level of Consciousness	Unresponsive				
Spine	Clear				
Airway	Clear	OPA			
Breathing/Circulation	Absent/Absent	CPR, prepare AED as soon as possible			
Shock	Cyanotic lips				
<b>Rapid Body Survey</b>					
Head-to-Toe Check	No deficits if assessed				
Intervention	Effective two-responder CPR	Use AED, after 2 minutes of CPR switch responders			
<b>Transport Decision</b>					
Decision		Rapid transport upon completion of AED protocol			
<b>Secondary Survey</b>					
<b>Interview</b>	Bystander interviewed				
Chief Complaint	Cardiac arrest				
Signs/Symptoms	No vitals				
Allergies	Unknown				
Medications	Unknown				
Past Medical History	Heart surgery Heart ailment				
Last Meal	Breakfast				
Events Prior	Groan heard prior to collapse				

				Findings/Actions Successfully Identified/Demonstrated		
		Findings	Actions	Yes	No	Notes/Supporting Comments
<b>Secondary Survey (Continued)</b>						
<b>Vital Signs</b>						
Pulse	Absent	Absent	Reassess every 2 minutes			
Respirations	Absent	Absent				
Blood Pressure	Absent	Absent				
Pupils	Dilated 8 mm	Dilated 8 mm				
Skin	Cyanotic	Cyanotic				
GCS	3	3				
SPO <sub>2</sub>	0%	0%				
Blood Glucose	N/A	N/A				
<b>Head-to-Toe Check</b>						
Head/Face	Cyanotic, lips/earlobes					
Neck	Pale					
Chest	Blotching of skin					
Abdomen/Pelvis	As found					
Back	As found					
Upper Extremities	As found					
Lower Extremities	As found					
Neurological	As found					
<b>Secondary Transport Decision</b>						
Decision			Transport if not already done so			

Time completed: \_\_\_\_\_

Overall comments: \_\_\_\_\_

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Steps shaded in dark grey are critical actions/findings. If a critical action/finding is not successfully demonstrated/identified, the scenario is incomplete. If the scenario is marked incomplete, supporting comments are required.

Complete                       Incomplete

## Chest Pain

### PRE-HOSPITAL

**Call details:**

Called to a park for a 50-year-old male complaining of chest pain.

**Instructions to role-players:**

You are a 50-year-old man who has chest pain radiating into your neck and jaw. The pain started while you were exercising in the park just after lunch. You are sitting on a bench, clutching your chest, and feeling anxious. You had chest pain like this a couple of years ago, for which the doctor gave you nitroglycerin. You have allergies to penicillin.

### MARINE

**Call details:**

None

**Instructions to role-players:**

You are a 50-year-old officer on the bridge who has chest pain radiating into your neck and jaw. The pain started just after lunch. You are sitting on a bench, clutching your chest, and feeling anxious. You had chest pain like this a couple of years ago, for which the doctor gave you nitroglycerin. You have allergies to penicillin.

### WORKPLACE

**Call details:**

Called to the loading dock of the factory for a 50-year-old male complaining of chest pain.

**Instructions to role-players:**

You are a 50-year-old man working in the loading dock of a furniture manufacturer, and you have chest pain radiating into your neck and jaw. The pain started just after lunch, while you were loading heavy boxes. You are sitting on a bench, clutching your chest, and feeling anxious. You had chest pain like this a couple of years ago, for which the doctor gave you nitroglycerin. You have allergies to penicillin.

Participant(s): \_\_\_\_\_

Time initiated: \_\_\_\_\_

			Findings/Actions Successfully Identified/Demonstrated		
			Yes	No	Notes/Supporting Comments
Findings	Actions				
<b>Scene Survey</b>					
Environment	Safe	Note bystanders			
Hazards	None	Apply PPE			
Mechanism/Chief Complaint	SOB/chest pain				
Number of Patients	1				
Additional Resources	Police				
<b>Primary Survey</b>					
Introduction		Apply PPE, introduce self and obtain consent			
Appearance	Patient is sweaty and SOB, two-word responses	Place in comfortable position			
Level of Consciousness	Conscious, alert, oriented				
Spine	Clear				
Airway	Clear	Assess airway			
Breathing/Circulation	Present/rapid	Oxygen via NRB, 12–15 lpm			
Shock		Place patient in comfortable position			
<b>Rapid Body Survey</b>					
Head-to-Toe Check	Pale, diaphoretic				
Intervention		Oxygen, monitor			
<b>Transport Decision</b>					
Decision		Ready for transport			
<b>Secondary Survey</b>					
<b>Interview</b>					
Chief Complaint	Chest pain—sternal				
Signs/Symptoms	Pale				
Allergies	Penicillin, ASA				
Medications	Nitroglycerin				
Past Medical History	Angina				
Last Meal	Lunch: 2 hours ago				
Events Prior	Ate lunch, thought it was indigestion				

				Findings/Actions Successfully Identified/Demonstrated		
		Findings	Actions	Yes	No	Notes/Supporting Comments
<b>Secondary Survey (Continued)</b>						
<b>Vital Signs</b>						
Pulse	70/regular/ full	80/regular/ full	Provide nitroglycerin No erectile dysfunctional drugs in past 24 hours			
Respirations	30/regular/ shallow	26/regular/ shallow				
Blood Pressure	146/110	140/104				
Pupils	3 mm	3 mm				
Skin	Pale	Pale				
GCS	15	15				
SPO <sub>2</sub>	96%	99%				
Blood Glucose	N/A	N/A				
<b>Head-to-Toe Check</b>						
Head/Face	Good air entry	Auscultate—no wheezing				
Neck						
Chest						
Abdomen/Pelvis	Alert/oriented to time, person, place					
Back						
Upper Extremities						
Lower Extremities						
Neurological						
<b>Secondary Transport Decision</b>						
Decision			Transport if not already done so			

Time completed: \_\_\_\_\_

Overall comments: \_\_\_\_\_

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Steps shaded in dark grey are critical actions/findings. If a critical action/finding is not successfully demonstrated/identified, the scenario is incomplete. If the scenario is marked incomplete, supporting comments are required.

Complete                       Incomplete

## **Diabetic Emergency**

### **PRE-HOSPITAL**

#### **Call details:**

Called to a hotel lobby for an unresponsive 40-year-old female.

#### **Instructions to role-players:**

You are a 40-year-old female with a history of diabetes. You are insulin dependent. Your co-worker is with you and knows your medical history. You were in the hotel lobby waiting for a taxi when you slumped down and began to feel very unwell, and you are now lying on the ground, unresponsive. You haven't been eating well lately. You forgot to take your insulin this morning.

### **MARINE**

#### **Call details:**

Called to the engine room for an unresponsive 40-year-old female.

#### **Instructions to role-players:**

You are a 40-year-old female with a history of diabetes and are insulin dependent. Your co-worker is with you and knows your medical history. You were in the engine room about to go on break when you slumped down and began to feel very unwell, and you are now lying on the ground, unresponsive. You forgot to take your insulin this morning.

### **WORKPLACE**

#### **Call details:**

Called to the front entrance of the office building where you work for an unresponsive 40-year-old female.

#### **Instructions to role-players:**

You are a 40-year-old female with a history of diabetes and are insulin dependent. You work as an executive assistant in an office building. Your co-worker is with you and knows your medical history. You've been working long hours and skipped lunch so you could leave early with your co-worker. Your co-worker was with you at the front entrance of the office building when you slumped down and began to feel very unwell. You are now lying on the ground, unresponsive. You forgot to take your insulin this morning.



Participant(s): \_\_\_\_\_

Time initiated: \_\_\_\_\_

			Findings/Actions Successfully Identified/Demonstrated		
			Yes	No	Notes/Supporting Comments
<b>Scene Survey</b>					
Environment	Safe				
Hazards	None				
Mechanism/Chief Complaint	Unresponsive, seizure				
Number of Patients	1				
Additional Resources	Security staff				
<b>Primary Survey</b>					
Introduction		Apply PPE			
Appearance	Pale, cool				
Level of Consciousness	Unresponsive	Patient responds by moaning to painful stimuli			
Spine	Clear	Maintain spinal immobilization until head and/or spine injury ruled out			
Airway	Snoring	OPA			
Breathing/Circulation	Regular/weak	Oxygen via non-rebreather mask, 15 lpm			
Shock	Pale, cool				
<b>Rapid Body Survey</b>					
Head-to-Toe Check	Pale				
Intervention		Manage airway			
<b>Transport Decision</b>					
Decision		Continue to assess			

		Findings/Actions Successfully Identified/Demonstrated				
		Findings	Actions	Yes	No	Notes/Supporting Comments
<b>Secondary Survey</b>						
<b>Interview</b>						
Chief Complaint	Unresponsive		Search for further medical information to rule out epilepsy			
Signs/Symptoms	Slow breathing					
Allergies	None					
Medications	Insulin					
Past Medical History	Insulin-dependent diabetes Co-worker aware of her diabetes					
Last Meal	Co-worker has not seen patient eat today					
Events Prior	Co-worker states patient having troubles with husband, not eating properly					
<b>Vital Signs</b>						
Pulse	120/regular/ weak	110/regular/ weak	Absorb glucose gel in buccal cavity of mouth as per local protocol (for BC) if using glucometer			
Respirations	12/regular/ full	12/regular/ full				
Blood Pressure	136/90	120/80				
Pupils	6 mm/slow to react	4 mm/slow to react				
Skin	Pale, cool	Pale, cool				
GCS	7	10				
SPO <sub>2</sub>	98%	98%				
Blood Glucose	2 mmol Consider administration of glucose	5 mmol				
<b>Head-to-Toe Check</b>						
Head/Face	Pale skin, cool					
Neck						
Chest						
Abdomen/Pelvis						
Back						
Upper Extremities						
Lower Extremities						
Neurological	Responsive to painful stimuli					
<b>Secondary Transport Decision</b>						
Decision		Transport				

Time completed: \_\_\_\_\_

Overall comments: \_\_\_\_\_

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Steps shaded in dark grey are critical actions/findings. If a critical action/finding is not successfully demonstrated/identified, the scenario is incomplete. If the scenario is marked incomplete, supporting comments are required.

Complete                       Incomplete

## Poison

### PRE-HOSPITAL

**Call details:**

Called to an apartment for an unresponsive 17-year-old female.

**Instructions to role-players:**

You are a 17-year-old female who has taken a large dose of mixed medications. You have an allergy to peanuts and a history of depression, but your mother thought you were doing well over the past few months. Your mother found you when she came home from work. She called emergency medical services and is still on the scene.

### MARINE

**Call details:**

Called to the cabin of a 22-year-old female engineer, found unresponsive.

**Instructions to role-players:**

You are a 22-year-old female engineer aboard a ship. You took a large dose of mixed medications. You have an allergy to peanuts and a history of depression, but your co-workers thought you were doing well over the past few months. Your co-workers were checking on you, and the head engineer found you when he came to your cabin. He called emergency medical services and is still on the scene.

### WORKPLACE

**Call details:**

Called to an industrial construction site where a dump truck has backed into a loader. The female driver of the loader was found unresponsive.

**Instructions to role-players:**

You are a 26-year-old female operator of a loader. A dump truck operator backed into you. The driver stopped the truck and waited, but since no one approached the cab, he got out to check and found you in the driver's seat of the loader. You had taken a large dose of mixed medications. You have an allergy to peanuts and a history of depression, but your co-workers thought you were doing well over the past few months.

Participant(s): \_\_\_\_\_

Time initiated: \_\_\_\_\_

			Findings/Actions Successfully Identified/Demonstrated		
			Yes	No	Notes/Supporting Comments
<b>Scene Survey</b>					
Environment	Safe				
Hazards	None				
Mechanism/Chief Complaint	Possible overdose, drowsy				
Number of Patients	1				
Additional Resources	Co-workers				
<b>Primary Survey</b>					
Introduction		Apply PPE			
Appearance	Pale, cool, irritable, drowsy and clammy				
Level of Consciousness	Drowsy, responds to loud verbal commands				
Spine	Clear	Maintain spinal immobilization until head and/or spine injury ruled out			
Airway	Clear				
Breathing/Circulation	Shallow/weak	Oxygen via NRB, 12–15 lpm, prepare BVM			
Shock	Pale, cool, clammy				
<b>Rapid Body Survey</b>					
Head-to-Toe Check	Monitor shallow breathing				
Intervention		Prepare BVM Call Poison Control if drugs are present			
<b>Transport Decision</b>					
Decision		Prepare for transport			

		Findings/Actions Successfully Identified/Demonstrated				
		Findings	Actions	Yes	No	Notes/Supporting Comments
<b>Secondary Survey</b>						
<b>Interview</b>						
Chief Complaint	Depressed CNS		Continue to use loud verbal commands to stimulate patient			
Signs/Symptoms	Decreased consciousness					
Allergies	Peanuts					
Medications	Epinephrine, diazepam					
Past Medical History	Depression					
Last Meal	Unknown					
Events Prior	Went on a "bender"					
<b>Vital Signs</b>						
Pulse	140/rapid/weak	146/rapid/weak	Use BVM to assist breathing (second set of vitals improves)			
Respirations	6/regular/shallow	12/regular/full				
Blood Pressure	90/50	96/56				
Pupils	5 mm	5 mm				
Skin	Pale, cool	Pale, cool				
GCS	11	13				
SPO <sub>2</sub>	96%	98%				
Blood Glucose	N/A	N/A				
<b>Head-to-Toe Check</b>						
Head/Face						
Neck						
Chest	Shallow breathing without assisted BVM					
Abdomen/Pelvis						
Back						
Upper Extremities						
Lower Extremities						
Neurological						
<b>Secondary Transport Decision</b>						
Decision		Transport				

Time completed: \_\_\_\_\_

Overall comments: \_\_\_\_\_

Steps shaded in dark grey are critical actions/findings. If a critical action/finding is not successfully demonstrated/identified, the scenario is incomplete. If the scenario is marked incomplete, supporting comments are required.

Complete                       Incomplete

## **Stroke**

### **PRE-HOSPITAL**

**Call details:**

Called to a home where a 68-year-old female is complaining of a severe headache.

**Instructions to role-players:**

You are a 68-year-old female. You are talking on the phone with your son when you suddenly experience a severe headache, arm numbness, and anxiety. You have never felt like this before, and you are very scared.

### **MARINE**

**Call details:**

Called to the deck of a fishing boat, where a 52-year-old male is complaining of a severe headache.

**Instructions to role-players:**

You are a 52-year-old male who works on a cod-fishing boat. You were pulling in the nets when you felt a sudden, severe headache come on. You also have arm numbness and anxiety. You have never felt like this before, and you are very scared.

### **WORKPLACE**

**Call details:**

Called to the office of a 62-year-old female lawyer complaining of a severe headache.

**Instructions to role-players:**

You are a 62-year-old female lawyer. You just got off the phone with a client and felt a sudden, severe headache come on. You also have arm numbness and anxiety. You have never felt like this before, and you are very scared.

Participant(s): \_\_\_\_\_

Time initiated: \_\_\_\_\_

	Findings	Actions	Findings/Actions Successfully Identified/Demonstrated		
			Yes	No	Notes/Supporting Comments
<b>Scene Survey</b>					
Environment	Safe	Met by patient			
Hazards	None				
Mechanism/Chief Complaint	Severe headache, anxiety, arm numbness				
Number of Patients	1				
Additional Resources	None				
<b>Primary Survey</b>					
Introduction		Apply PPE, introduce self and obtain consent			
Appearance	Pale, anxious				
Level of Consciousness	Alert but scared				
Spine	Clear	Maintain spinal immobilization until head and/or spine injury ruled out; patient sitting at time of event			
Airway	Clear				
Breathing/Circulation	Present/present	Oxygen via NRB, 12–15 lpm			
Shock	Pale				
<b>Rapid Body Survey</b>					
Head-to-Toe Check	Pale				
Intervention		Apply oxygen, position patient for transport			
<b>Transport Decision</b>					
Decision		Prepare for transport			



		Findings/Actions Successfully Identified/Demonstrated				
		Findings	Actions	Yes	No	Notes/Supporting Comments
<b>Secondary Survey</b>						
<b>Interview</b>						
Chief Complaint	Severe headache					
Signs/Symptoms	Pale, numbness to left arm					
Allergies	Penicillin					
Medications	None					
Past Medical History	None					
Last Meal	Lunch					
Events Prior	See scenario					
<b>Vital Signs</b>						
Pulse	160/irregular/weak	54/irregular/weak				
Respirations	28/regular/full	16/irregular/full				
Blood Pressure	160/110	200/110				
Pupils	3 mm	3 mm				
Skin	Pale	Pale				
GCS	13	11				
SPO <sub>2</sub>	96%	98%				
Blood Glucose	N/A	N/A				
<b>Head-to-Toe Check</b>						
Head/Face	New onset of slight left facial droop when asked to smile					
Neck						
Chest	Shallow, equal chest rise					
Abdomen/Pelvis						
Back						
Upper Extremities	Left arm weak grip					
Lower Extremities						
Neurological	Alert, scared, oriented					
<b>Secondary Transport Decision</b>						
Decision		Transport				

Time completed: \_\_\_\_\_

Overall comments: \_\_\_\_\_

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Steps shaded in dark grey are critical actions/findings. If a critical action/finding is not successfully demonstrated/identified, the scenario is incomplete. If the scenario is marked incomplete, supporting comments are required.

Complete

Incomplete

## **Assault**

### **PRE-HOSPITAL**

**Call details:**

Called to a home for a domestic dispute. A 50-year-old female was hit in the head and face with a baseball bat. Law enforcement personnel are on the scene and have taken the male away from the home.

**Instructions to role-players:**

You are a 50-year-old female who was hit in the head and face with a baseball bat by your husband. You are in a great deal of pain and there is blood coming from your nose.

### **MARINE**

**Call details:**

Called to the galley after an altercation broke out between the cook and a crew member.

**Instructions to role-players:**

You are a 50-year-old male cook who was hit in the head and face with a baseball bat by another crew member. You are in a great deal of pain and there is blood coming from your nose.

### **WORKPLACE**

**Call details:**

Called to the drilling rig on the oil field where you work, after an altercation broke out between an activist and a worker.

**Instructions to role-players:**

You are a 50-year-old man working on a drilling rig. An activist approached you and started yelling and swinging a baseball bat. You had no time to react and were hit in the face and head with the baseball bat. You are in a great deal of pain and there is blood coming from your nose.

Participant(s): \_\_\_\_\_

Time initiated: \_\_\_\_\_

		Findings/Actions Successfully Identified/Demonstrated			
	Findings	Actions	Yes	No	Notes/Supporting Comments
<b>Scene Survey</b>					
Environment	Safe, attacker not present				
Hazards					
Mechanism/Chief Complaint	Blunt force trauma, head trauma				
Number of Patients	1				
Additional Resources	Law enforcement, EMS				
<b>Primary Survey</b>					
Introduction		Apply PPE, introduce self and obtain consent; develop rapport with patient			
Appearance	Blood on head/face, large lacerations to head				
Level of Consciousness	Conscious				
Spine		Maintain spinal immobilization until head and/or spine injury ruled out			
Airway	Clear	Check airway			
Breathing/Circulation	No respiratory distress/present	Oxygen via NRB, 12–15 lpm, control severe bleeding			
Shock		Take steps to mitigate, e.g., control bleeding, provide blanket and reassurance			
<b>Rapid Body Survey</b>					
Head-to-Toe Check	Large laceration to back of head Bruising and swelling around both eyes Head/neck pain Blood on head, face and hands				
Intervention	Head injury	Spinal precautions			
<b>Transport Decision</b>					
Decision		Rapid transport			

		Findings/Actions Successfully Identified/Demonstrated				
		Findings	Actions	Yes	No	Notes/Supporting Comments
<b>Secondary Survey</b>						
<b>Interview</b>						
Chief Complaint	Head/neck pain					
Signs/Symptoms	Lacerations, bruising/swelling					
Allergies	Codeine					
Medications	Atenolol					
Past Medical History	High BP					
Last Meal	Lunch					
Events Prior	Dispute; patient assaulted with a baseball bat					
<b>Vital Signs</b>						
Pulse	110/regular/full	100/regular/full				
Respirations	22/regular/full	20/regular/full				
Blood Pressure	150/90	140/90				
Pupils	4 mm	4 mm				
Skin	Pink, moist, cool	Pink, moist, cool				
GCS	15	15				
SPO <sub>2</sub>	98%	98%				
Blood Glucose	N/A	N/A				
<b>Head-to-Toe Check</b>						
Head/Face	Laceration to back of head Pain		Treat lacerations if not already done so Apply cervical collar if not already in place			
Neck						
Chest						
Abdomen/Pelvis						
Back						
Upper Extremities						
Lower Extremities						
Neurological	Alert/oriented to time, place, person		Continue to monitor for changes in neurological status			
<b>Secondary Transport Decision</b>						
Decision			Transport if not already done so			

Time completed: \_\_\_\_\_

Overall comments: \_\_\_\_\_

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Steps shaded in dark grey are critical actions/findings. If a critical action/finding is not successfully demonstrated/identified, the scenario is incomplete. If the scenario is marked incomplete, supporting comments are required.

Complete                       Incomplete

## **Femur Fracture**

### **PRE-HOSPITAL**

**Call details:**

Called to a mall parking lot for a 33-year-old male hit by a car.

**Instructions to role-players:**

You are a 33-year-old man who was putting bags in your truck when a car backed into you, pinning your thighs against the tailgate of the truck. The car then pulled forward, and you fell to the ground in severe pain, unable to support your weight with your leg.

### **MARINE**

**Call details:**

Called to the deck of a cargo ship for a 33-year-old male crew member hit by a sea can (a shipping container).

**Instructions to role-players:**

You are a 33-year-old male crew member loading cargo onto the deck of a ship. One of the sea cans shifted, pinning your thighs between the ship's railing and the sea can. Your fellow crew members were able to push the sea can out of the way, and you fell to the deck in severe pain, unable to support your weight with your leg.

### **WORKPLACE**

**Call details:**

Called to the warehouse floor for a 33-year-old male hit by a forklift at the industrial site where you work.

**Instructions to role-players:**

You are a 33-year-old man loading bags of fertilizer at an industrial site. A forklift backed into you, pinning your thighs between the forklift and the skid of bags behind you. The forklift pulled forward, and you fell to the ground in severe pain, unable to support your weight with your leg.

Participant(s): \_\_\_\_\_

Time initiated: \_\_\_\_\_

			Findings/Actions Successfully Identified/Demonstrated		
	Findings	Actions	Yes	No	Notes/Supporting Comments
<b>Scene Survey</b>					
Environment	Safe	Ensure safety, engines shut off, etc.			
Hazards	Vehicles				
Mechanism/Chief Complaint	Blunt force trauma, leg pain				
Number of Patients	1				
Additional Resources	Police, EMS				
<b>Primary Survey</b>					
Introduction		Apply PPE, introduce self and obtain consent			
Appearance	Patient in significant pain, appears distressed				
Level of Consciousness	Conscious, alert, oriented				
Spine	Clear	Maintain spinal immobilization until head and/or spine injury ruled out			
Airway	Clear	Check airway			
Breathing/Circulation	Rapid, SOB/present	Oxygen via NRB, 12–15 lpm			
Shock	Pale, cool, diaphoretic	Take steps to mitigate, e.g., control bleeding, provide blanket and reassurance			
<b>Rapid Body Survey</b>					
Head-to-Toe Check	Deformity to femur; if assessed, no peripheral circulation				
Intervention		Manual stabilization			
<b>Transport Decision</b>					
Decision		Rapid transport once femur is stabilized			

		Findings/Actions Successfully Identified/Demonstrated				
		Findings	Actions	Yes	No	Notes/Supporting Comments
<b>Secondary Survey</b>						
<b>Interview</b>						
Chief Complaint	Severe leg pain					
Signs/Symptoms	Deformed leg					
Allergies	Morphine					
Medications	None					
Past Medical History	None					
Last Meal	Breakfast					
Events Prior	See scenario					
<b>Vital Signs</b>						
Pulse	120/regular/full	110/regular/full				
Respirations	24/regular/full	20/regular/full				
Blood Pressure	130/86	128/80				
Pupils	3 mm	3 mm				
Skin	Pale, cool, moist	Pale, cool, moist				
GCS	15	15				
SPO <sub>2</sub>	100%	100%				
Blood Glucose	N/A	N/A				
<b>Head-to-Toe Check</b>						
Head/Face						
Neck						
Chest						
Abdomen/Pelvis	Pelvis stable					
Back	Denies pain					
Upper Extremities						
Lower Extremities	Deformity mid-femur					
Neurological	Alert/oriented to time, place, person					
<b>Secondary Transport Decision</b>						
Decision		Transport if not already done so				

Time completed: \_\_\_\_\_

Overall comments: \_\_\_\_\_

Steps shaded in dark grey are critical actions/findings. If a critical action/finding is not successfully demonstrated/identified, the scenario is incomplete. If the scenario is marked incomplete, supporting comments are required.

Complete                       Incomplete



## **Croup**

### **PRE-HOSPITAL**

#### **Call details:**

Called to a house for a baby with a very loud cough. The baby's mother is at work, and the father is at home with the baby and unable to drive.

#### **Instructions to role-players:**

You are the father of a baby who started coughing this morning. You thought maybe it was because the house was too dry. The baby's cough continued to get louder during the afternoon. Now she is coughing very loudly (a barking cough), and she is quite hot to the touch. The baby is only three weeks old.

### **MARINE**

None

### **WORKPLACE**

None

Participant(s): \_\_\_\_\_

Time initiated: \_\_\_\_\_

		Findings/Actions Successfully Identified/Demonstrated				
		Findings	Actions	Yes	No	Notes/Supporting Comments
<b>Scene Survey</b>						
Environment	At residence, safe					
Hazards	None					
Mechanism/Chief Complaint	Respiratory distress					
Number of Patients	1					
Additional Resources	EMS					
<b>Primary Survey</b>						
Introduction		Apply PPE, introduce self and obtain parental consent				
Appearance	Obvious distress					
Level of Consciousness	Alert/makes eye contact					
Spine	Clear					
Airway	Stridor, barking cough	Cautiously assess				
Breathing/Circulation	Respiratory distress/present	Oxygen as tolerated, avoid agitating the baby; develop rapport with patient's father				
Shock						
<b>Rapid Body Survey</b>						
Head-to-Toe Check	Cyanosis around the face/lips Sternal indrawing Accessory muscle use					
Intervention		Oxygen as tolerated				
<b>Transport Decision</b>						
Decision		Initiate rapid transport				

		Findings/Actions Successfully Identified/Demonstrated				
		Findings	Actions	Yes	No	Notes/Supporting Comments
<b>Secondary Survey</b>						
<b>Interview</b>						
Chief Complaint	Respiratory distress		Consider moving baby outside			
Signs/Symptoms	Cyanosis					
Allergies	None					
Medications	None					
Past Medical History	None					
Last Meal	Supper feeding					
Events Prior	Baby coughing since the morning					
<b>Vital Signs</b>						
Pulse	130/regular/full	120/regular/full				
Respirations	56/regular/shallow	50/regular/shallow				
Blood Pressure	N/A	N/A				
Pupils	3 mm	3 mm				
Skin	Cyanotic, hot, dry	Cyanotic, hot, dry				
GCS	15	15				
SPO <sub>2</sub>	N/A	N/A				
Blood Glucose	N/A	N/A				
<b>Head-to-Toe Check</b>						
Head/Face	Cyanosis around the face and lips		Treatment as per local protocol			
Neck	Accessory muscle					
Chest	Sternal indrawing/respiratory distress					
	Possible belly breathing					
Abdomen/Pelvis						
Back						
Upper Extremities						
Lower Extremities	Alert					
Neurological						
<b>Secondary Transport Decision</b>						
Decision			Transport if not already done so			



## **Choking**

### **PRE-HOSPITAL**

**Call details:**

Called to the food court in a mall for a 24-year-old male in a wheelchair who is choking on something he was eating. The man is conscious.

**Instructions to role-players:**

You are a 24-year-old man in a wheelchair. You are having lunch in a mall food court with some friends when a french fry goes down the wrong way and you start choking. You are still conscious but are unable to breathe.

### **MARINE**

**Call details:**

Called to the dining area of a chartered tour boat for a 24-year-old male who is choking but is conscious.

**Instructions to role-players:**

You are a 24-year-old man in a wheelchair. You have just begun eating your lunch and suddenly you start choking on a french fry. You are still conscious but are unable to breathe.

### **WORKPLACE**

**Call details:**

Called to the cafeteria, where an employee, a 24-year-old male in a wheelchair, is choking. The man is still conscious.

**Instructions to role-players:**

You are a 24-year-old man in a wheelchair. You are having lunch in the office cafeteria with co-workers. A french fry goes down the wrong way and you start choking. You are still conscious but are unable to breathe.

Participant(s): \_\_\_\_\_

Time initiated: \_\_\_\_\_

	Findings	Actions	Findings/Actions Successfully Identified/Demonstrated		
			Yes	No	Notes/Supporting Comments
<b>Scene Survey</b>					
Environment	Safe, many people present	Ensure safety			
Hazards	None				
Mechanism/Chief Complaint	Choking				
Number of Patients	1				
Additional Resources	EMS				
<b>Primary Survey</b>					
Introduction		Apply PPE, introduce self and obtain consent			
Appearance	Patient showing distress signal for choking				
Level of Consciousness	Conscious, obvious distress				
Spine	Clear				
Airway	No obstruction noted	Check airway, initiate choking procedure			
Breathing/Circulation	Absent/present				
Shock	Cyanosis about the face	Treat the cause			
<b>Rapid Body Survey</b>					
Head-to-Toe Check	No significant findings other than the obstruction				
Intervention		Clear the obstruction			
<b>Transport Decision</b>					
Decision		Transport as per local protocol			

		Findings/Actions Successfully Identified/Demonstrated				
		Findings	Actions	Yes	No	Notes/Supporting Comments
<b>Secondary Survey</b>						
<b>Interview</b>						
Chief Complaint	Choking		Once obstruction has been cleared, administer oxygen via NRB, 12–15 lpm			
Signs/Symptoms	Cyanosis, no breathing					
Allergies	Penicillin					
Medications	None		Continue to monitor patient			
Past Medical History	None					
Last Meal	Lunch: current meal					
Events Prior	While eating began choking					
<b>Vital Signs</b>						
Pulse	110/regular/full	90/regular/full	Once the obstruction is removed, use the vital signs listed			
Respirations	24/regular/full	18/regular/full				
Blood Pressure	128/88	122/82				
Pupils	4 mm	4 mm				
Skin	Normal	Normal				
GCS	15	15				
SPO <sub>2</sub>	96%	100%				
Blood Glucose	N/A	N/A				
<b>Head-to-Toe Check</b>						
Head/Face	Cyanosis clears					
Neck						
Chest	Good air entry		Auscultation if trained			
Abdomen/Pelvis						
Back						
Upper Extremities						
Lower Extremities						
Neurological	Alert/oriented to time, place, person					
<b>Secondary Transport Decision</b>						
Decision			Transport if not already done so			

Time completed: \_\_\_\_\_

Overall comments: \_\_\_\_\_

Steps shaded in dark grey are critical actions/findings. If a critical action/finding is not successfully demonstrated/identified, the scenario is incomplete. If the scenario is marked incomplete, supporting comments are required.

Complete       Incomplete

## Childbirth

### PRE-HOSPITAL

**Call details:**

Called to a home for a 29-year-old female in labour.

**Instructions to role-players:**

You are a 29-year-old female going into labour with your second child. You stayed at home, waiting for your partner so he could drive you to the hospital. Labour has progressed more quickly than you expected, and you called EMS to take you to the hospital. You are in the ambulance and there is a lot of traffic.

### MARINE

**Call details:**

Called to a ferry with a female in labour on board, en route between Newfoundland, and Labrador.

**Instructions to role-players:**

You are a 29-year-old woman going into labour with your second child. You live in Newfoundland, but the hospital where you are planning to deliver is in Labrador (due to potential complications), so you had to use the provincial ferry service.

### WORKPLACE

**Call details:**

Called to the office of a 29-year-old female who has gone into labour.

**Instructions to role-players:**

You are a 29-year-old woman who is pregnant with your second child and planning to go on maternity leave in four days. You are at work at your desk when you begin to have contractions and your water breaks.



Participant(s): \_\_\_\_\_

Time initiated: \_\_\_\_\_

		Findings/Actions Successfully Identified/Demonstrated				
		Findings	Actions	Yes	No	Notes/Supporting Comments
<b>Scene Survey</b>						
Environment	Safe					
Hazards	None					
Mechanism/Chief Complaint	Patient in labour					
Number of Patients	1					
Additional Resources	EMS					
<b>Primary Survey</b>						
Introduction		Apply PPE, introduce self and obtain consent				
Appearance	Female patient in obvious distress					
Level of Consciousness	Conscious					
Spine	Clear					
Airway	Clear					
Breathing/Circulation	Rapid, full (patient using breathing patterns learned in prenatal class)/present	Assist patient with breathing patterns as required, administer oxygen via nasal cannula or NRB				
Shock						
<b>Rapid Body Survey</b>						
Head-to-Toe Check	No remarkable findings					
Intervention		Oxygen, assist with breathing by coaching, deliver baby as per local protocol if required				
<b>Transport Decision</b>						
Decision		Rapid transport as per protocol				

		Findings/Actions Successfully Identified/Demonstrated				
		Findings	Actions	Yes	No	Notes/Supporting Comments
<b>Secondary Survey</b>						
<b>Interview</b>						
Chief Complaint	Labour pain					
Signs/Symptoms	Sweating					
Allergies	None					
Medications	Prenatal vitamins					
Past Medical History	1 previous pregnancy, 1 live birth					
Last Meal	Breakfast					
Events Prior	See scenario					
<b>Vital Signs</b>						
Pulse	100/regular/ full	90/regular/ full				
Respirations	28/regular/ full	20/regular/ full				
Blood Pressure	128/80	124/78				
Pupils	4 mm	4 mm				
Skin	Pink, sweaty, cool	Pink, dry, warm				
GCS	15	15				
SPO <sub>2</sub>	98%	98%				
Blood Glucose	N/A	N/A				
<b>Head-to-Toe Check</b>						
Head/Face	Distended abdomen	Prepare for delivery of baby as per current standards and local protocol; provide care to mother as required				
Neck						
Chest						
Abdomen/Pelvis						
Back						
Upper Extremities						
Lower Extremities						
Neurological	Alert/oriented to time, place, person					
<b>Secondary Transport Decision</b>						
Decision	Transport if not already done so					

Time completed: \_\_\_\_\_

Overall comments: \_\_\_\_\_

Steps shaded in dark grey are critical actions/findings. If a critical action/finding is not successfully demonstrated/identified, the scenario is incomplete. If the scenario is marked incomplete, supporting comments are required.

Complete                       Incomplete